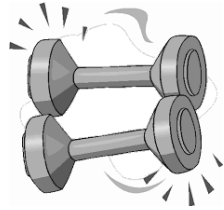


Wall Recreation Presents:

# STRONGER SENIORS FITNESS PROGRAM

*"Strengthen, Stretch & Flex"*



Join this popular and highly enjoyable exercise program!  
Instructor: Joanne McKenna-Ballack owner of The Studio

**WHEN:** 3 days a week — Wednesdays, Thursdays & Fridays  
April 24 - June 28

**WHERE:** Municipal Building, Lower Level—Community Room

**TIME:** 8:30am—9:15am — Refreshments immediately following

**FEE:** Wall Residents - \$15 per person  
Non-Residents - \$20 per person

To Register Please go to <https://register.communitypass.net/wall>

*Fee is non-refundable unless program is cancelled by the Recreation Dept.  
Fee will not be pro-rated when joining after the session has started.*  
**SESSION CONSISTS OF 30 CLASSES**

**SENIORS MUST PRE-REGISTER IN THE RECREATION DEPARTMENT.**

Stronger Seniors: April 24—June 28      \$15 Wall Residents - \$20 Non-residents

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE # \_\_\_\_\_ EMERGENCY # \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

I hereby certify that I am physically capable to participate in the senior exercise program. Please Initial \_\_\_\_\_