

Welcome to the Wall Township Environmental Advisory Committee environmental newsletter. Your comments and suggestions are always welcome.



Environmentally Yours

Wall Township Environmental Advisory Committee Volume 8 Conservation and Green Money Saving Tips

<http://wallnj.com/323/Environmental-Advisory-Committee>



The Wall Township Environmental Advisory Committee would like to offer some Conservation and Green Money Saving Tips as outlined in our brochure online. First and foremost, please use the reusable Clean Communities bags in retail establishments. We urge our "Wall Township Living" residents to drastically reduce plastic bag consumption which is detrimental to our environment and ocean marine life. Our next important message is to "buy local; support our businesses" especially in this time of the coronavirus. In addition, remember the "3 R's" - **Reuse, Reduce, and Recycle.**

Gardening and Lawns: Let grass grow taller; 3" in hot weather. • Mulch around trees and plants. • Avoid pesticides. • Place native plants in your garden which require less watering. • Grow an organic garden. • Try composting and recycling. • Water your garden in the coolest part of the day.



Water: • Use less hot water. • Turn off water while brushing your teeth. • Let the rain assist in washing your car • Use a low flow showerhead. • Take short showers instead of baths. • Install dual-flow toilets to reduce the amount of water used per flush • Repair leaks and drips immediately. Install a rain barrel to catch the water for outdoor garden watering.



Lighting: • Reduce wattage, install dimmers, and go solar on garden paths • Switch off the lights when you leave a room. • Use Energy Star rated light bulbs. • Replace your desk lamp light bulbs and overhead lights (where possible) with compact fluorescent light bulbs or LEDs with the Energy Star rating. • Install outdoor security motion detectors with motion sensors or timers so it only operates when needed. • Replacing regular incandescent light bulbs with compact fluorescent (CFL) or LED bulbs is a big energy saver.



Vehicles: • Purchase cars using hybrid technology or electric cars. • Plan smarter shopping trips to drive less. • Carpool, ride your bike, or take public transit to planned destinations • Have regular maintenance on your vehicle. • Avoid driving faster than highway limits so as not to lose your fuel efficiency.



Home: • Use the microwave rather than conventional oven when applicable. • Use supermarket green friendly cloths bags or reuse paper bags as referenced above. • Run dishwasher and washing machine with full loads. • Set your thermostat lower when away all day. • Avoid Styrofoam products. • Buy long lasting reusable items and purchase only what you need. • Recycle newspapers, cans, and bottles • Use only energy efficient appliances. • Insulate your home. • During cold weather, keep blinds open to let the warmth in; during warm weather, keep blinds pulled to close out the heat of the summer sun • Buy recycled goods. • Insulate your home with weather stripping and caulking • Consider solar roof panels • Indoor plants act as filters because they absorb the toxins through their leaves. • Use air conditioner less frequently • Use light pale colors for your walls, ceilings, and floors which will reflect more light into the space. • Clean and replace your furnaces filter, and be sure to clean your ducts.



Office: • Go paperless whenever possible. • Turn off the computer screen while you are away from your desk. • Use both sides of the paper if photocopying. • Turn off electronics at the end of the day. • Buy recycled and chlorine-free paper. • Use old sheets of paper for scrap paper or note taking. • Use power strips for multiple gadgets to switch off electronics at once.



Coronavirus: Plan meals at home saving delivery costs. It's less expensive to cook your own meals than use pickup or delivery service. If you are paying for monthly subscriptions that you do not read, cancel them. Now is a good time to check on whether you need a landline phone, and check to see whether you can cut down on internet service and cell plans. Plan your weekly trips to retail establishments and supermarkets wisely coordinating trips to save gas. This is a wonderful time to enjoy and bring family relationships closer. Make good use of time spent at home. While the Environmental Advisory Committee provided you with some tips on going green to save money, search the Internet for additional tips. Stay safe and be well.

Environmental Yours,
Wilma Morrissey, WTEAC Chair