

# Compliments of the

## Wall Township

### Environmental Advisory Committee

Township of Wall  
2700 Allaire Road  
P.O. Box 1168  
Wall, NJ 07719-1168



“According to Lifescience, these are the 12 deadliest viruses on Earth. The viruses include the Marburg virus, Ebola virus, Rabies, HIV, Smallpox, Hantavirus, Influenza, Dengue, Rotavirus, SARS-CoV, SARS-CoV-2, and MERS-CoV.

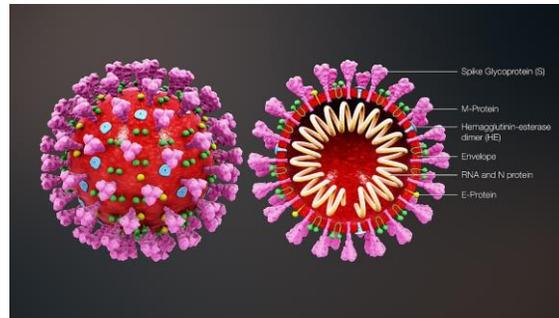
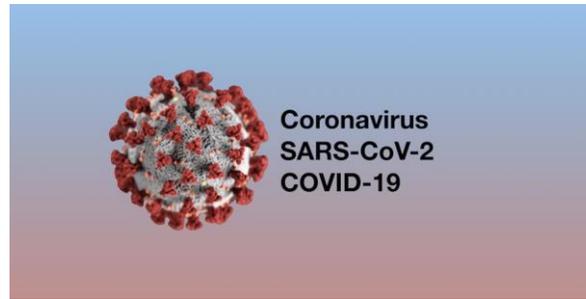
The novel coronavirus, currently driving outbreaks around the globe, have lower fatality rates, but still pose a serious threat to public health as we don't yet have the means to combat them.”

Hope is on the way! Currently, researchers are racing to create a vaccine to prevent the coronavirus pandemic.

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Wilma Morrissey, Chair



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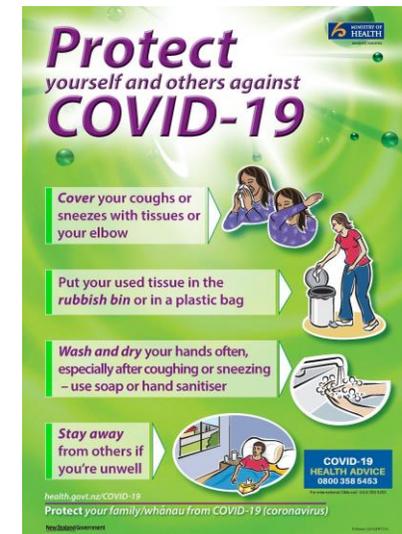


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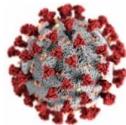
### Covid 19 Safe Etiquette



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## Covid 19 Precautions



The Wall Township Environmental Committee would like to stress some simple precautions to keep our community safer from COVID 19. We need to protect ourselves and each other as we are all bound in keeping the spread of the virus down to a minimum. You know these precautions, but it is worth repeating. Follow the guidelines from the Centers for Disease Control and Prevention (CDC). Awareness in protecting each other is especially important because we are all in this as one entity.

### Community Solidity

Solidarity among our Wall Township residents in following simple precautions is vital in slowing down the spread. Our Environmental Committee would like to encourage shared community awareness and to repeat those actions that protect us especially among our residents, schools, and businesses. Unfortunately, the COVID cases are increasing again in New Jersey. Our Environmental Committee is promoting COVID-safe etiquette in Wall Township.

The WTEAC commends our residents for attempting to meet this challenge.

### Social Distancing.

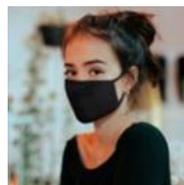
We must remain aware that if we engage in high risk activities, we not only endanger ourselves but we endanger those living and working in our Wall community. Out of an abundance of caution, maintain a 6 feet distance in public to reduce your risk of infection from others who cough, sneeze, or speak. Any opportunity to distance further is especially better where a heavy population of people congregate. Avoid crowds and inadequately ventilated spaces.

In case you are in the older population or have other health issues, be especially careful.



Avoid close contact with others who may have any symptoms. Close environments of groups of people are where the virus appears to spread by respiratory droplets so taking these precautions is necessary.

### Wear a Mask



Wearing a mask is important even when you stay physically distanced in public. Wear a mask particularly in crowded and poorly ventilated indoor settings. The mask should cover your nose, mouth, and chin. The mask may protect you from people who talk loudly, shout, or breathe heavily. Even following these suggested procedures, one cannot guarantee the avoidance of the virus.

Should you sneeze, cough into a bent elbow or tissue. Dispose of the used tissue into a closed container and immediately wash your hands if possible.

### Symptoms

If you are not feeling well, stay home. If you have been near someone who is contagious, be responsible and self-quarantine yourself. This is especially important if you are travelling back from an area of high virus activity. The most common symptoms of



COVID-19 are fever, dry cough, and tiredness. Other symptoms may include loss of taste or smell, aches and pains, headache, sore throat, nasal congestion, red eyes, diarrhea, or a skin rash. Should you exhibit these symptoms then seek medical attention, if necessary. Get tested if you have questionable symptoms.

Be cooperative when it comes to contact tracing.

Wash your hands often with soap and water.



The more the better! If soap and water are not available, then use an alcohol-based hand sanitizer.

The hand sanitizer should contain at least 60% alcohol. Avoid touching your eyes, nose and mouth.

Clean and disinfect surfaces frequently, especially those which are regularly touched, such as door handles, faucets, kitchen counters, handheld TV remotes, and phones among other items.

We want to value each other's health as we try to normalize our activities, such as necessary healthcare, schooling, and going to work. Most institutions ask COVID 19



questions, take your temperature, require masks, and provide hand sanitizers. Plexiglass partitions and plastic enclosures are seen everywhere.

### Optimism for the Future

We all want the work, leisure, and shopping activities to be as safe as possible until an effective and accessible vaccine becomes available in preventing this infection.

In essence, by following the general recommendations of the CDC as outlined, you will not only be protecting yourself in this pandemic, but you be protecting those of others – your choice indeed! Hopefully, the latest COVID-19 therapeutic interventions and vaccines are just around the corner.

Last of all, keep informed. Stay up to date on national, New Jersey, County, and local public health guidance related to COVID19.

Updated Information can also be obtained from the Board of Health, Wall Police Department, Office of Emergency Management, and Volunteer First Responders.

