

Wall Recreation Presents:

STRONGER SENIORS

FITNESS PROGRAM

Virtual Exercise



Join this popular and highly enjoyable exercise program!
Instructor: Joanne McKenna-Ballack, owner of The Studio

Stronger Seniors is held 3 days a week, Wednesdays, Thursdays & Fridays

Class will be held virtually on your desktop computer, laptop or phone

Class runs from 8:30a—9:15a

JUNE 24—AUGUST 28

(No CLASS 7/3)

Wall Residents - \$20 per person

Non-Residents - \$25 per person

To register please go to <https://register.communitypass.net/wall>

Fee is non-refundable unless program is cancelled by the Recreation Dept.

Fee will not be pro-rated when joining after the session has started.

SESSION CONSISTS OF 10 WEEKS

SENIORS MUST PRE-REGISTER THROUGH THE RECREATION DEPARTMENT

Stronger Seniors: June 24—August 28

\$20 Wall Residents - \$25 Non-residents

NAME _____

ADDRESS _____ ZIP _____

PHONE # _____ EMERGENCY # _____

E-MAIL ADDRESS _____

I hereby certify that I am physically capable to participate in the senior exercise program. Please Initial _____



WallRecreation