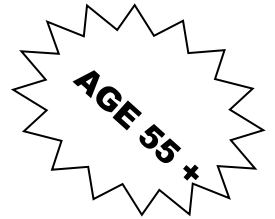
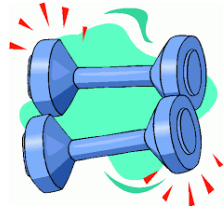


Wall Recreation Presents:

STRONGER SENIORS FITNESS PROGRAM

"Strengthen, Stretch & Flex"



Join this popular and highly enjoyable exercise program!
Instructor: Joanne McKenna-Ballack owner of The Studio

WHEN? 3 session a week **Wednesdays, Thursday & Fridays;**
September 19th –November 30th
****NO CLASS Nov 22 & 23****

WHERE? Municipal Building / Lower Level—Community Room

TIME? 8:30 a.m.—9:15 a.m. / Refreshments immediately following

FEE? Wall Residents / \$15 per person
Non-Residents / \$20 per person

To Register Please go to <https://register.communitypass.net/wall>

Fee is non-refundable unless program is cancelled by the Recreation Dept. Fee will not be pro-rated when joining after the session has started.

SESSION CONSISTS OF 30 CLASSES

SENIORS MUST PRE-REGISTER IN THE RECREATION DEPARTMENT.

Stronger Seniors: September—November 2018 \$15 Wall Residents / \$20 Non-residents

NAME _____

ADDRESS _____ ZIP _____

PHONE # _____ EMERGENCY # _____

E-MAIL ADDRESS _____

I hereby certify that I am physically capable to participate in the senior exercise program. Please Initial _____