

MARTIAL ARTS 2017

Wall Recreation Department is offering an **8-week**, Martial Arts class for children ages 6 – 12. This program will teach students the fundamentals of the martial arts and self defense. Students will learn proper techniques to develop muscle memory while increasing motor skills, hand-eye coordination, speed and balance. Students will be eligible for advancement in rank through belt testing.

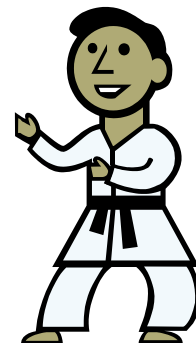
Instructor: Sensei Mat is a 2nd degree Black Belt in Okinawan Kempo and TaeKwonDo/Hapkido. He is a CDT Tactical Master Instructor and a Nationally Certified Child Safety Instructor. Mat is also an AHA-CPR and First Aid Instructor.

WHEN? Wednesdays / October 4— December 6th
No class November 8th & November 22nd

WHERE? Wall Municipal Bldg / Lower Level

TIME? Beginner / 5:15—6:15 p.m.
Advanced / 6:15—7:15 p.m. ****see below****

FEE? \$75 / Residents \$85/ Non-Residents



*****The Advanced Class is for children who have at least 1 year experience*****

To Register Please go to <https://register.communitypass.net/wall>

Please mail & make checks payable to:

Wall Recreation—2700 Allaire Rd.—Wall, NJ 07719 / 732-449-8444, ext. 2251 / www.wallnj.com

Fee is non-refundable unless program is cancelled by the Recreation Department.

