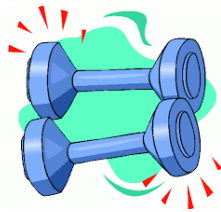


Wall Recreation Presents:

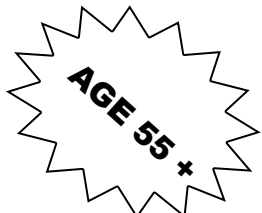


STRONGER SENIORS FITNESS PROGRAM

"Strengthen, Stretch & Flex"



ONLY \$.50 PER CLASS



Join this popular and highly enjoyable exercise program!
Instructor: Joanne McKenna-Ballack of The Studio and Wall Recreation Ballet

WHEN? 3 session a week **Wednesdays, Thursday & Fridays;**
FALL Session: Sept. 6 – Nov. 10

WHERE? Municipal Building / Lower Level—Community Room

TIME? 8:30 a.m.—9:15 a.m. / Refreshments immediately following

FEE? Wall & Belmar Residents / \$15 per person
Non-Residents / \$20 per person

To Register Please go to <https://register.communitypass.net/wall>

Fee is non-refundable unless program is cancelled by the Recreation Dept. Fee will not be pro-rated when joining after the session has started.

SESSION CONSISTS OF 30 CLASSES

SENIORS MUST PRE-REGISTER IN THE RECREATION DEPARTMENT.

Stronger Seniors: September 6– November 10 2017 \$15 Wall & Belmar Residents / \$20 Non-residents

NAME _____

ADDRESS _____ ZIP _____

PHONE # _____ EMERGENCY # _____

E-MAIL ADDRESS _____