

# CHALLENGER FITNESS

Wall Township Challenger Program offers participants with **SPECIAL NEEDS** an opportunity to experience a fun workout class led by certified instructor Mary Beth Murdza. This class will improve and maintain 'functional fitness' that helps individuals with daily functional living skills and promotes positive social interaction.

**This 8-week class will run on Tuesdays from March 21—May 9, 6:00p—7:00p**

This class is for both **boys** and **girls** in grades 5 and up at \$25 per child. Classes will be held downstairs in the Middle Room of the Municipal Building



**\*Please wear comfortable t-shirt, shorts or sweats and sneakers\***

**EACH CHILD MUST BE ACCOMPANIED BY ADULT FOR THE ENTIRE SESSION**

**ANY QUESTIONS, PLEASE CONTACT WALL RECREATION AT 732-449-8444 OR MICHELE DOMENICK AT 732-223-4709**

To register please go to <https://register.communitypass.net/wall>

LISTED UNDER 2023 SPRING PROGRAMS

Wall Recreation Department, 2700 Allaire Road, Wall, NJ 07719

Email any questions, comments or concerns to [lwehner@townshipofwall.com](mailto:lwehner@townshipofwall.com)

*Fee is non-refundable unless program is cancelled by the Recreation Department.*