



STRONGER SENIORS FITNESS PROGRAM



Join this popular and highly enjoyable exercise program!
Instructor: Joanne McKenna-Ballack

Stronger Seniors is held 3 days a week, Wednesdays, Thursdays & Fridays

Class are held in Community Room of Municipal Building

Class runs from 8:30a—9:15a

OCTOBER 12 - DECEMBER 23

(NO CLASS - NOVEMBER 10, 11, 24, 25)

Wall Residents - \$20 per person

Non-Residents - \$25 per person

To register please go to <https://register.communitypass.net/wall>

*Fee is non-refundable unless program is cancelled by the Recreation Dept.
Fee will not be pro-rated when joining after the session has started.*

SESSION CONSISTS OF 10 WEEKS

SENIORS MUST PRE-REGISTER THROUGH THE RECREATION DEPARTMENT

Stronger Seniors: October 12—December 23, 2022

\$20 Wall Residents - \$25 Non-residents

NAME _____

ADDRESS _____ ZIP _____

PHONE # _____ EMERGENCY # _____

E-MAIL ADDRESS _____

I hereby certify that I am physically capable to participate in the senior exercise program. Please Initial _____